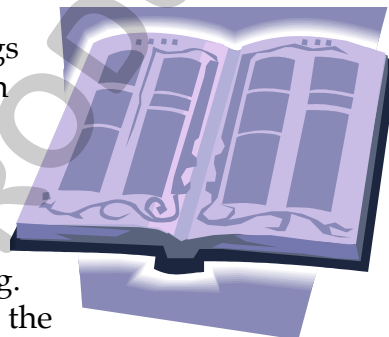


Walking with Jesus: Lent, Year B

Lenten Table Prayers for the Home

Home Activity

The learning sessions at church highlighted seven themes from Ash Wednesday to Palm Sunday based upon the Gospel readings for those liturgies. Keep a Bible on your meal table for the season of Lent. Each week leave it open to the Gospel reading that was proclaimed at the most recent Lenten liturgy (Gospel readings provided below). Each day, invite a different member of your family to look over the Gospel passage and pick a word or phrase that helps him/her understand the theme for that reading. Follow with your traditional mealtime prayer and then continue the discussion of the theme as you eat.



Ash Wednesday theme: *Humility: down-to-earth living* – Matthew 6:1-6, 16-18

First Sunday of Lent theme: *Desert time: time alone to integrate life experiences* – Mark 1:12-15

Second Sunday of Lent theme: *Connection: being close to those we love empowers us* – Mark 9:2-10

Third Sunday of Lent theme: *Zeal: anger is the emotion that supports evil attacking good and zeal is the emotion that supports good challenging evil* – John 2:13-25

Fourth Sunday of Lent theme: *Healing: God loves and wants to save and heal the whole world* – John 3:14-21

Fifth Sunday of Lent theme: *Dying: we need to let go of certain things in order to live fully* – John 12:20-33

Palm Sunday theme: *Victory: imperfect victory has winners and losers; everyone wins in God's kingdom* – Mark 11:1-10