

Walking with Jesus: Lent, Year B

Lenten Games

Home Activity

One of the themes that emerges from the Palm Sunday readings is the theme of victory. Christians talk a lot about Jesus' triumph over sin and death through the cross and resurrection. If you think about it, when sin and death are the losers in the spiritual battle, everyone and everything really come out as winners because sin and death aren't good for anyone.



During this Lenten season, work with your family to rethink how you approach winning and losing in your home. Take time together to play games such as board games, cards, video games, outdoor games, etc. These games will include winners and losers as most games do, but it can feel a lot more like a win for everyone if sin and selfishness are eliminated from the competitions. Approach winning and losing from a more helpful perspective using the following guidelines:

- Winners will be humble in victory rather than full of pride.
- Winners will not gloat over their victory.
- Winners will thank losers for their participation and congratulate losers for their effort.
- Losers will not be bitter or resentful in defeat.
- Losers will congratulate winners in a spirit of humility.
- Losers will discuss what they learned from defeat.
- All participants will play for the enjoyment of healthy competition rather than with a spirit of division or war.

Let the games begin!